

RCNi Learning modules

RCNi Learning consists of 180 modules covering 43 topics.

Assessment	Diabetes	Health promotion	Orthopaedics	Revalidation
Bowel care	Educational and professional development	Infection control	Paediatrics	Safeguarding
Cancer care	Emergency care	Intravenous therapy	Pain management	Sepsis
Cardiovascular	Endocrinology	Learning disability	Patient Safety	Sexual health
Care of older people	End of life care	Leadership	Pregnancy	Spirituality
Central nervous system	Gastrointestinal nursing	Medicines management	Primary care	Surgical nursing
Communication	Hand hygiene	Mental health	Professional issues	Urology
Critical care		Nutrition	Respiratory	Wound care
Dermatology		Ophthalmic	Resuscitation	

Assessment

- ◆ Understanding the main principles of temperature monitoring

Bowel care / Gastrointestinal nursing

- ◆ How to perform digital removal of faeces
- ◆ Care of patients with a stoma
- ◆ How to administer suppositories
- ◆ How to administer an enema

Cancer care

- ◆ An overview of non-Hodgkin's lymphoma
- ◆ Effective nurse-led approaches to reduce colorectal cancer
- ◆ Meeting the psychological needs of patients with cancer

Cancer care / End of life care

- ◆ Palliative care for patients with non-malignant respiratory disease

Cardiovascular

- ◆ Deep vein thrombosis: diagnosis and treatment
- ◆ How to check the arterial pulse
- ◆ How to measure blood pressure using a manual device
- ◆ Hypertension: diagnosis, assessment and management
- ◆ The importance of the arterial pulse in advanced cardiac examination

Cardiovascular / Care of older people

- ◆ Chronic heart failure: pathophysiology diagnosis and treatment

Cardiovascular / Critical care

- ◆ How to administer inotropic drugs

Care of older people

- ◆ Approaches to counter loneliness and social isolation in older people
- ◆ Pressure ulcer prevention in frail older people
- ◆ Reframing frailty as a long-term condition

Central nervous system

- ◆ The management and treatment of cerebral aneurysm and aneurysmal subarachnoid haemorrhage
- ◆ Managing fatigue in adults with multiple sclerosis
- ◆ Managing patients with encephalitis
- ◆ Managing patients with multiple sclerosis: a complex neurological disease
- ◆ Supporting people with Parkinson's in later life

Communication

- ◆ How to inform relatives and loved ones of a patient's death
- ◆ How to introduce yourself to patients
- ◆ Promoting effective communication skills in nursing practice

Communication / Central nervous system

- ◆ An overview of communication, movement and perception difficulties after stroke

Critical care / Respiratory

- ◆ How to perform a tracheostomy dressing and inner cannula change
- ◆ How to perform open tracheal suction via an endotracheal tube
- ◆ How to suction via a tracheostomy

Dermatology

- ◆ Care of patients with peristomal skin complications
- ◆ Safe and effective application of topical treatments to the skin
- ◆ The management and treatment of patients with acne

Dermatology / Paediatrics

- ◆ Promoting effective treatment and education for children with eczema

Diabetes

- ◆ Assessment and management of patients with diabetic foot ulcers
- ◆ Blood glucose monitoring in diabetes
- ◆ How to monitor blood glucose
- ◆ Improving self-management of type 1 and type 2 diabetes
- ◆ Personalised care for patients with newly diagnosed type 2 diabetes
- ◆ Preventing amputation in people with diabetes

Diabetes / Central nervous system

- ◆ Blood glucose monitoring and management in acute stroke care

Diabetes / Mental health

- ◆ Caring for patients with diabetes and depression

Educational and professional development

- ◆ Applying critical thinking to nursing
- ◆ Guidance for novice authors on writing a journal article
- ◆ Guidance on publishing your research
- ◆ Guidance on pursuing a career in nursing research
- ◆ Searching and critiquing the research literature
- ◆ Assisting students to prepare for a clinical practice placement
- ◆ Avoiding plagiarism: guidance for nursing students
- ◆ Effective presentation skills for nurses
- ◆ Providing constructive feedback to students during mentoring

Emergency care

- ◆ How to manage a choking adult
- ◆ Caring for patients with haemorrhagic shock

Endocrinology

- ◆ Caring for children with endocrine conditions

End of life

- ◆ How to care for a patient after death in hospital
- ◆ How to care for a patient after death in the community

End of life / Communications

- ◆ Breaking bad news

Gastrointestinal nursing

- ◆ Caring for adolescents with Crohn's disease
- ◆ Management and treatment options for patients with open abdomen
- ◆ Managing ascites in patients with chronic liver disease
- ◆ Prevention and management of constipation in adults

Health promotion

- ◆ Helping patients to learn about self-management
- ◆ Supporting effective lifestyle behaviour change interventions
- ◆ Supporting patients in shared decision making in clinical practice

Health promotion / Gastrointestinal nursing

- ◆ Alcohol-related liver disease: pathophysiology, risk assessment and patient support

Infection control

- ◆ How to wash your hands effectively
- ◆ Improving compliance with hand hygiene practices
- ◆ Measles: pathology, management and public health issues
- ◆ The role of surveillance in preventing healthcare-associated infections

Infection control / Paediatrics

- ◆ Varicella zoster virus: chickenpox and shingles

Infection control / Urology

- ◆ Preventing catheter-associated urinary tract infection

Intravenous therapy

- ◆ How to insert a peripheral cannula
- ◆ How to remove an indwelling urinary catheter in female patients
- ◆ How to remove a non-tunnelled central venous catheter

Learning disability

- ◆ Changing role of family carers of people with learning disabilities
- ◆ Helping people with learning disabilities exercise their right to autonomy
- ◆ Improving care for people with learning disabilities

Leadership

- ◆ Clinical leadership and organisational governance in primary care

Medicines management

- ◆ An evidence-based approach to intramuscular injection technique
- ◆ An evidence-based approach to subcutaneous injection technique
- ◆ Reducing medication errors in nursing practice
- ◆ Safe storage and handling of vaccines
- ◆ Use of patient group directions in medicines management

Mental health

- ◆ Promoting mental and physical health in adults with psychosis
- ◆ Promoting positive mental health in men
- ◆ Supporting patients who are experiencing hallucinations

Mental health / Care of older people

- ◆ Using the Newcastle Model to understand people whose behaviour challenges in dementia care
- ◆ Caring for older people experiencing agitation

Mental health / Health promotion

- ◆ A collaborative approach to health promotion in early stage dementia

Mental health / Nutrition

- ◆ Managing malnutrition in patients with dementia

Mental health / Primary care

- ◆ Improving surgical outcomes for people with dementia
- ◆ Prevention and management of depression in the primary care setting

Mental health / Sexual health

- ◆ Assessing the sexual health of mental health service users

Nutrition

- ◆ Ensuring patient safety when inserting and using a nasogastric feeding tube
- ◆ Parenteral nutrition: indications, risks and nursing care
- ◆ Understanding and interpreting nutrition information on food labels
- ◆ How to insert a nasogastric tube and ensure safe positioning

Nutrition / Care of older people

- ◆ Improving nutrition for older people in acute settings
- ◆ An overview of appetite decline and management in older people

Ophthalmic

- ◆ How to administer eye drops and eye ointment
- ◆ How to care for a patient's eyes in critical care settings

Orthopaedics

- ◆ Ankylosing spondylitis: patient diagnosis and management
- ◆ Assessment and management of patients with ankle injuries
- ◆ Caring for patients with limb amputation
- ◆ Shoulder pain: pathogenesis, diagnosis and management
- ◆ Use of femoral nerve blocks in adults with hip fractures

Paediatrics

- ◆ Caring for children and young people with atypical growth
- ◆ Supporting the establishment and maintenance of lactation for mothers of sick infants
- ◆ An overview of paediatric anaesthesia

Paediatrics / Central nervous system

- ◆ Managing children with raised intracranial pressure: brain tumours and intracranial bleeds
- ◆ Managing children with raised intracranial pressure resulting from meningitis

Paediatrics / Communication

- ◆ Developing effective therapeutic relationships with children, young people and their families
- ◆ Educating children's nurses to communicate bad news

Paediatrics / Gastrointestinal nursing

- ◆ Management of gastroenteritis in children under five years

Paediatrics / Orthopaedics

- ◆ Raising awareness of scoliosis among children's nurses
- ◆ Exploring the role of vitamin D in infants, children and young

Paediatrics / Pain management

- ◆ Fundamentals of chronic pain in children and young people: pathophysiology and consequences
- ◆ Fundamentals of chronic pain in children and young people: multimodal treatment

Paediatrics / Safeguarding

- ◆ Safeguarding: recognition of child maltreatment

Pain management

- ◆ Gout: pathogenesis, clinical presentation and management
- ◆ Effective management of chronic pain in adults
- ◆ Psychological effects of living with rheumatoid arthritis

Patient safety / Communication

- ◆ Promoting patient safety through effective communication and teamwork

Primary care / End of life care

- ◆ The role of the community nurse in integrated end of life care

Primary care / Health promotion / Orthopaedics

- ◆ Managing lifestyle factors in adults with osteoarthritis

Primary care / Respiratory

- ◆ Recognising and managing community-acquired pneumonia

Primary care / Resuscitation

- ◆ Anaphylaxis: patient diagnosis and treatment

Professional issues

- ◆ Cultivating compassionate care for patients
- ◆ How mentors can influence the values, behaviours and attitudes of nursing staff through positive professional socialisation
- ◆ Improving healthcare outcomes through the delivery of patient-centred care
- ◆ Maintaining best practice in record-keeping and documentation
- ◆ Preparing a successful, role-specific curriculum vitae
- ◆ Preparing for your annual staff appraisal: advice for managers
- ◆ Promoting better care for stigmatised patients
- ◆ Promoting professional practice skills for nurses
- ◆ Promoting the 6Cs of values-based nursing in patient assessment
- ◆ Teaching students to apply the 6Cs of values-based nursing to their practice
- ◆ The effect of organisational culture on patient safety
- ◆ Understanding and respecting patient confidentiality
- ◆ Understanding attitudes and their effects on nursing practice
- ◆ Understanding bullying in healthcare organisations
- ◆ Using systematic reviews to inform nursing practice
- ◆ How to set up and use a Twitter account professionally

Pregnancy

- ◆ Diagnosing, assessing and managing pre-eclampsia

Pregnancy / Infection control

- ◆ Group B streptococcus in pregnancy: intrapartum care choices for women

Pregnancy / Pain management

- ◆ How to alleviate perineal pain following an episiotomy

Respiratory

- ◆ Caring for patients with a temporary tracheostomy
- ◆ Chronic obstructive pulmonary disease (COPD): Assisting with health behaviour change
- ◆ Chronic obstructive pulmonary disease: Practical support and non-pharmacological treatments
- ◆ Diagnosis and management of patients with pleural effusions
- ◆ Diagnosis, assessment and management of patients with chronic obstructive pulmonary disease
- ◆ Preventing healthcare-associated respiratory tract infections
- ◆ How to measure tracheostomy tube cuff pressure
- ◆ How to perform respiratory assessment
- ◆ How to remove a chest drain

Respiratory / Primary care / Paediatrics

- ◆ Asthma care: a review of changes in current practice

Respiratory / Surgical nursing

- ◆ Intrapleural chest drainage: pathophysiology, treatment and nursing care

Resuscitation

- ◆ How to perform basic life support
- ◆ How to perform chest compressions
- ◆ How to use a self-inflating bag and face mask
- ◆ Preparation and use of resuscitation equipment to assess and treat children in emergency situations

Revalidation

- ◆ Reflection, return to practice and revalidation
- ◆ Revalidation: meeting the Nursing and Midwifery Council requirements

Safe guarding

- ◆ Patient safety: A proactive approach to threats and solutions

Sexual health

- ◆ Adherence to antiretroviral therapy in HIV seropositive adults

Spirituality

- ◆ Spirituality in nursing practice

Surgery

- ◆ Prevention of surgical site infection

Surgery / Gastrointestinal nursing

- ◆ Care of patients undergoing day case inguinal hernia repair
- ◆ Care of patients with a stoma

Surgical nursing / Wound care

- ◆ How to suture a wound
- ◆ How to use PRICE treatment for soft tissue injuries

Urology

- ◆ How to perform a urinalysis
- ◆ Promoting urinary continence in older women

Wound care

- ◆ Wound debridement: a clinical update

RCNi Learning bitesize modules:

- ◆ ABCDE
- ◆ Hand hygiene
- ◆ Sepsis